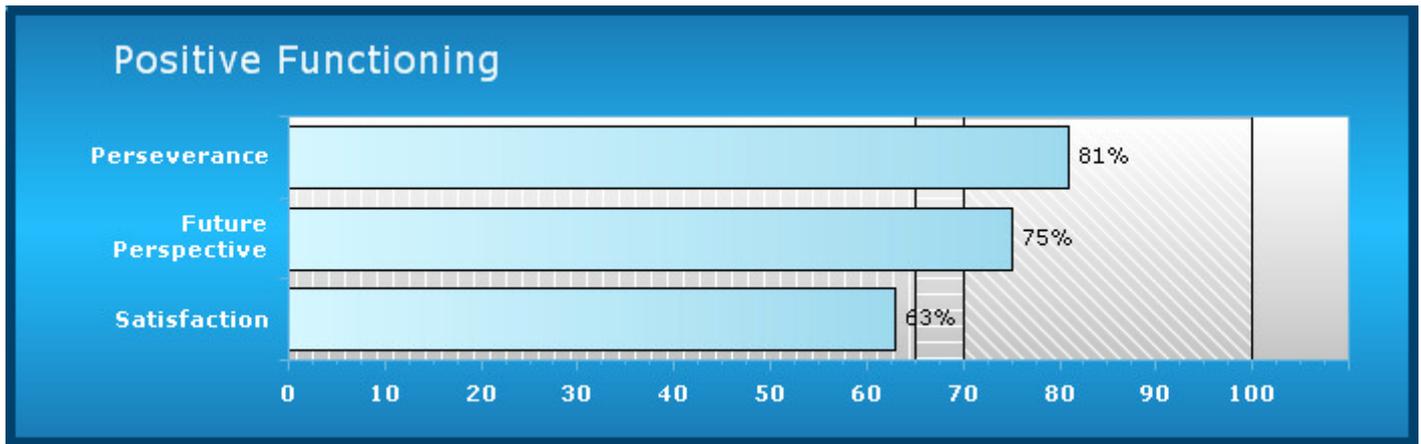


Positive Functioning



Positive Functioning:

0% - 65% : Under activated.

66% - 70% : Warning area.

71% - 100% : Optimally activated.

Positive Functioning Descriptive

Positive Functioning

Perseverance (81%)

Optimally Activated: you achieve well and you own the following qualities: goal setting, self-motivation, desire to grow and improve, perseverance to complete difficult or tedious tasks, thoroughness and taking responsibility for your behaviour and success.

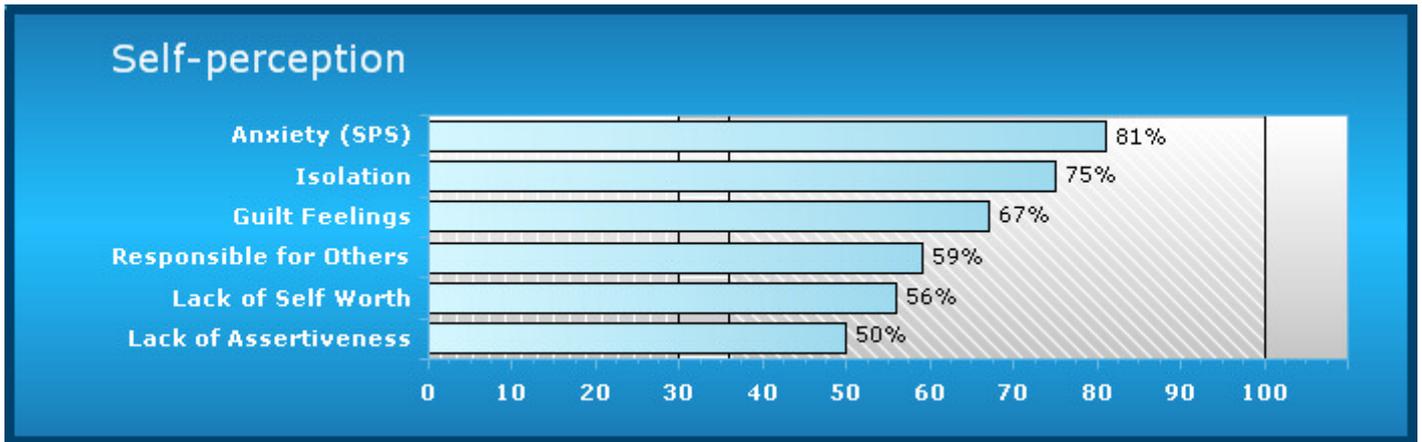
Future Perspective (75%)

Optimally Activated: you are hopeful and optimistic about your future. You think you will be happy and without problems as an adult.

Satisfaction (63%)

Under Activated: you lack the following: satisfaction, happiness, friendliness and peace of mind.

Self-Perception



Self-Perception:

0% - 30% : Optimally activated.

31% - 36% : Warning area.

37% - 100% : Over activated.

Self-Perception Descriptive

Self-perception

Anxiety (SPS) (81%)

Over Activated: you experience a lack of security in your relationships and are afraid that you will be hurt emotionally. You feel threatened by your circumstances and are afraid of the future. You are afraid of failure and rejection.

Isolation (75%)

Over Activated: you own the following elements with regard to isolation: you find it difficult to tell other people how you feel and you like to be alone.

Guilt Feelings (67%)

Over Activated: you do not manage yourself responsibly and accept blame for everything that goes wrong. You feel that you deserve punishment and allow guilt feelings to control your life.

Responsible for Others (59%)

Over Activated: the following elements are present in your functioning: you feel responsible for other's happiness and try to keep them out of trouble.

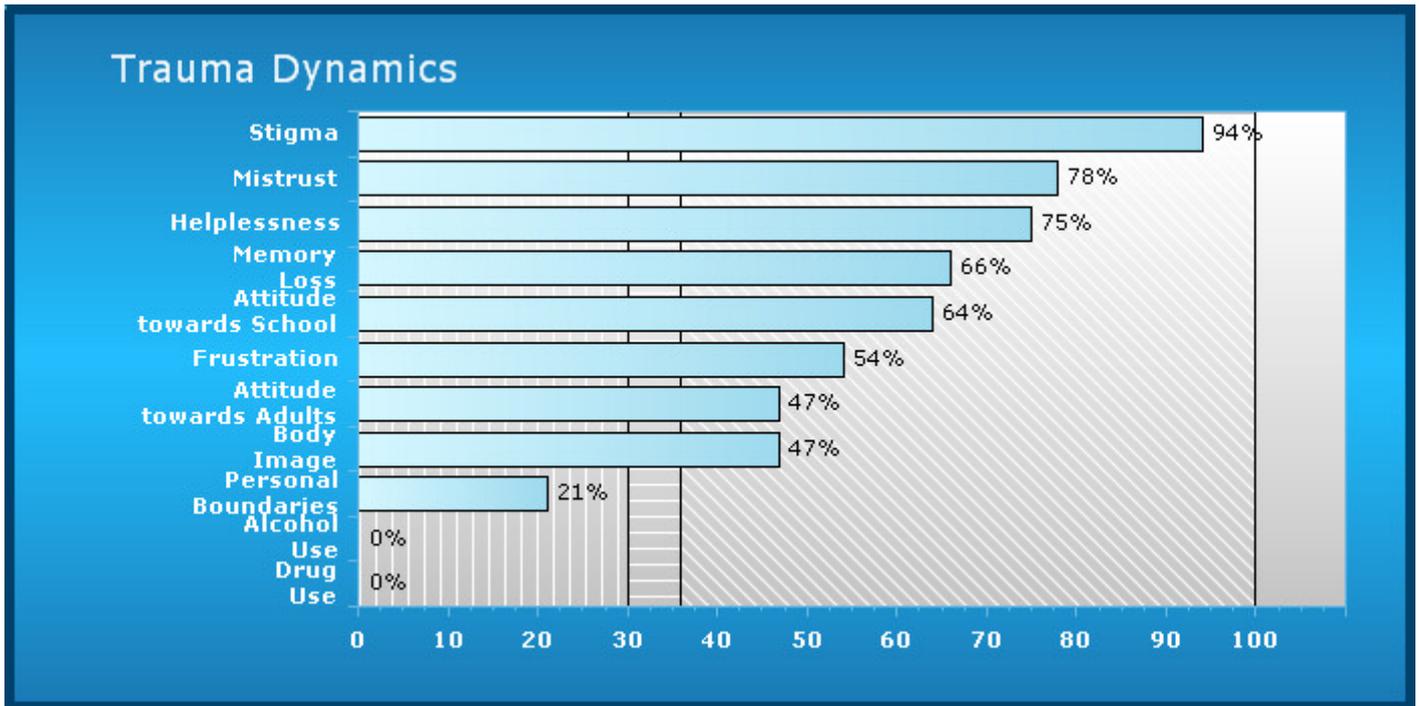
Lack of Self Worth (56%)

Over Activated: you need to develop the following very important trademarks of a person with a good self-esteem: be thankful for who you are, experience yourself as someone important and special, feel good about yourself, feel loved, respected and needed. Developing the necessary skills to manage your self-esteem to the full is an important step to personal fulfillment.

Lack of Assertiveness (50%)

Over Activated: you act with a lack of assertiveness. Assertiveness is essential for progress and growth in any relationship. We recommend a consultation with a professional counselor. In cooperation with professional advice, decide on a strategy and follow it wholeheartedly.

Trauma Dynamics



Trauma Dynamics:

0% - 30% : Optimally activated.

31% -36% : Warning area.

37% - 100% : Over activated.

Trauma Dynamics Descriptive

Trauma Dynamics

Stigma (94%)

Over Activated: you experience yourself as different from others children.

Mistrust (78%)

Over Activated: you find it difficult to trust other people.

Helplessness (75%)

Over Activated: you experience that whatever you do, does not matter, because there is no way in which you can control the environmental forces in life. Your inner experiences are negative. The following emotions form part of your inner feelings: rejection, downheartedness, uselessness, powerlessness, isolation and senselessness.

Memory Loss (66%)

Over Activated: you find it difficult to remember things.

Attitude towards School (64%)

Over Activated: school is unpleasant to you and you easily get into trouble at school.

Frustration (54%)

Over Activated: it seems that you experience feelings of frustration. You do not manage the prevention of goal-directed activities as the result of problems in yourself and your environment and you allow it to prevent you from achieving your goals in life. You experience feelings like anger, frustration, irritation, impatience, bitterness and suspicion.

Attitude towards Adults (47%)

Over Activated: your attitude towards adults is negative.

Body Image (47%)

Over Activated: you have a negative body image and do not feel good about yourself.

Personal Boundaries (21%)

Optimally Activated: you respect other's privacy/personal boundaries. Keep on to maintain this and make the most of every opportunity to manage your own boundaries.

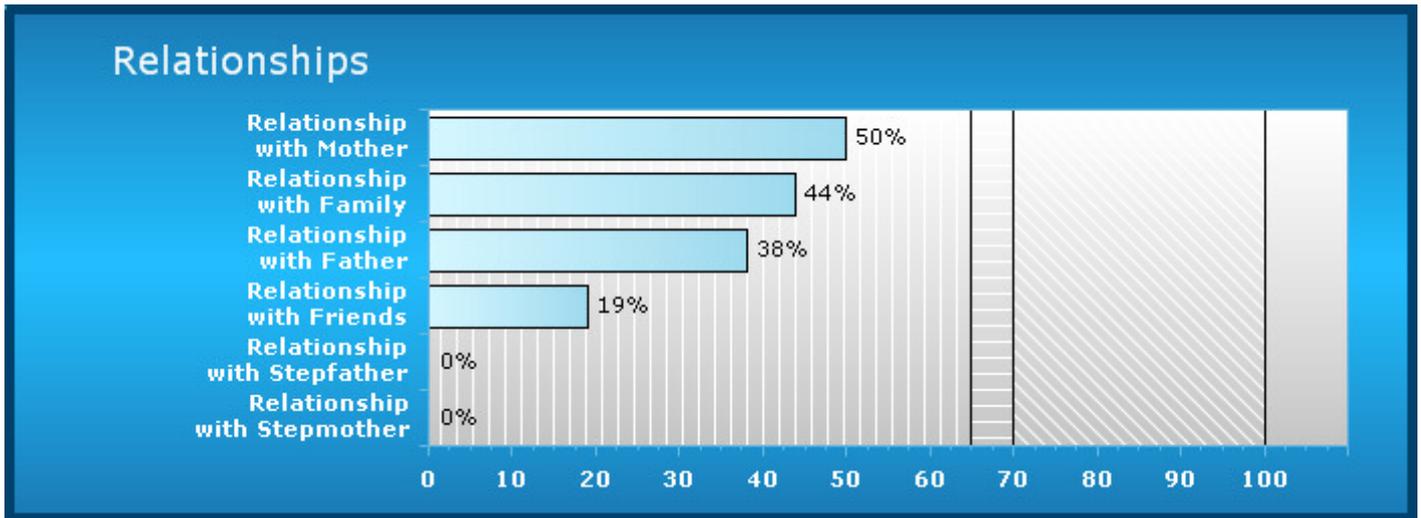
Alcohol Use (0%)

Optimally Activated: you are a responsible alcohol user / or do not use alcohol at all. Although the use of alcohol is a very personal matter, the abuse of it may cause work and relationship related problems. Since alcohol use is a sensitive issue, exercise the greatest carefulness not to abuse it.

Drug Use (0%)

Optimally Activated: you are a responsible drug user / or do not use drugs at all. Although the use of drugs is a very personal matter, the abuse of it may cause work and relationship related problems. Since drug use is a sensitive issue, exercise the greatest carefulness not to abuse drugs.

Relationships



Relationships:

0% - 65% : Under activated.

66% - 70% : Warning area.

71% - 100% : Optimally activated.

Relationships Descriptive

Relationships

Relationship with Mother (50%)

Under activated: You do not share your secrets and feelings with your mother. You do not spend time with your mother and you do not have fun together. You feel angry when you think of your mother and you feel that your mother does not understand you.

Relationship with Family (44%)

Under activated: You feel alone at home and you feel sad when you are with your family. You cannot share your feelings and secrets with your family members and you cannot be honest with them. Your family does not spend time together.

Relationship with Father (38%)

Under activated: You do not share your secrets and feelings with your father. You do not spend time with your father and you do not have fun together. You feel angry when you think of your father and you feel that your father does not understand you.

Relationship with Friends (19%)

Under activated: You do not like your friends and you do not have fun together. You can't be honest with your friends or share your secrets with each other.

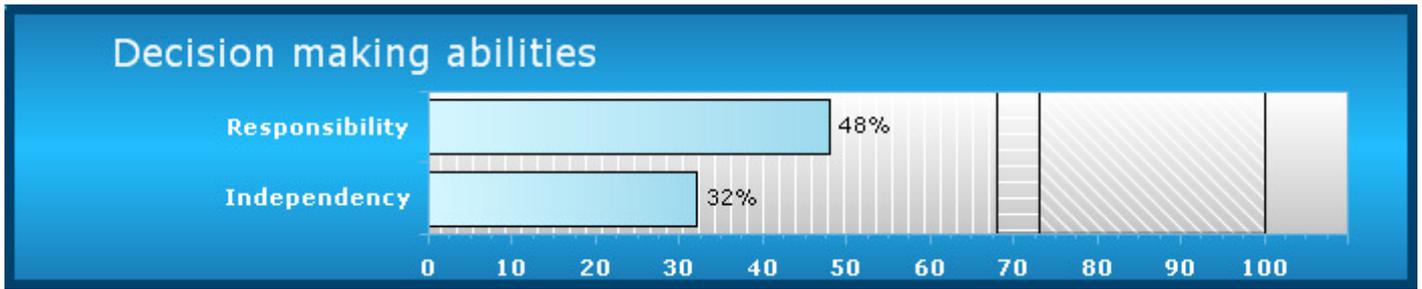
Relationship with Stepfather (0%)

Under activated: You do not share your secrets and feelings with your stepfather. You do not spend time with your stepfather and you do not have fun together. You feel angry when you think of your father and you feel that your stepfather does not understand you.

Relationship with Stepmother (0%)

Under activated: You do not share your secrets and feelings with your stepmother. You do not spend time with your stepmother and you do not have fun together. You feel angry when you think of your stepmother and you feel that your stepmother does not understand you.

Decision making



Decision making Descriptive

Decision making abilities

Responsibility (48%)

Under Activated: you prefer situations where you can depend on someone else's ability. Your ability to handle difficult situations is poor and you avoid learning new things when they seem too hard for you. This can be due to a wide variety of factors, and we recommend that you discuss these with a professional counselor, since this can have a negative impact on your functioning as well as on your career planning.

Independency (32%)

Under Activated: in your family you are not allowed to decide for yourself and to do the things you like doing. Your parents try control whom you mix with and are overprotective of you. We recommend that you discuss these with a professional counselor, since this can have a negative impact on your functioning as well as on your career planning.