



# Perspective Training College

*Unlocks the Door to Optimal Functioning!*

## *Academic Programme in Neuro-Science & Life Coaching*

### *Prospectus*

January 2022 to December 2022



Accredited Agency



Prof Annatjie Faul

## Founders

PTC has been founded by prof **Annatjie Faul** and dr **Bertie Hanekom**. Annatjie is currently the Associate Dean of Academic Affairs at the University of Louisville in Kentucky, USA and Bertie is the managing director of PTC. He obtained his PhD at the North West University (Potchefstroom Campus).



Dr Bertie Hanekom

## How it all began ...

When Annatjie Faul and Bertie Hanekom met each other during a workshop in 1986, both had the same goal in mind: to find out what it means to counsel someone from a Christian perspective. Because they could not find programmes that really met these requirements, they decided to develop the programmes themselves. And so a partnership, which eventually led to the establishment of Perspective Training College (PTC) in 1991, began.

It was important to them that PTC's programmes are not only biblical accountable, but also outstanding in quality. This was easier said than done, being more like a case of "fools rush in where angels fear to tread". During the first few years they were literally treading water. Without any theoretical foundation and prior knowledge of pastoral counseling they had to do extensive research from which they developed their own programmes. The result was that Annatjie and Bertie developed a few therapy sheets and homework assignments for clients. Although these therapy sheets and homework assignments were very effective, they exposed themselves to much criticism as they did not have the foundational theory to under girth their approach. For the first few years, this was the modus operandi of PTC: first to develop and use tried and tested methods (the praxis) resulting in, the current foundational theory.

### An anthropology as central benchmark and guideline

Then they met Dr Floris Knouws. At that stage he was busy with the formulation of a practical-theological anthropology for pastoral counseling therapy (his doctoral thesis was published in 1990 at Unisa). Dr Knouws immediately realized that his anthropology was the theoretical basis for what Annatjie and Bertie practiced. As a result Dr Knouws' thesis on anthropology became PTC's central theoretical philosophy and remains to this day one of PTC's "core" courses and the central benchmark and guideline of all programmes that PTC develops and presents. This anthropology thus openly declares what PTC believes about humanity.

### Where Ecometrics comes from

At the same time the process of scale standardization was developed. Annatjie and Bertie soon realized that, if PTC really wanted to be unique and outstanding, they had to develop measurement scales. To achieve this, Annatjie studied in America for six months under Prof Walter Hudson where she mastered the process of scale standardization that led to the standardization of PTC's first assessment scales in 1994. This study was part of her doctoral studies at the former Rand Afrikaans University (RAU) and was published in 1995. As a result PTC developed the capability of measuring aspects of the above-mentioned anthropology scientifically, as this process takes the guesswork out of the helping process, is highly time efficient and makes it possible to counsel purposefully.

### From pastoral counseling to functional therapy to life coaching

When they accredited the PTC programmes at the former Technikon SA (TSA), they decided to call it "Functional Therapy", as there were already similar courses accredited at the TSA. This name effectively summed up what PTC was all about: use everything that is functional - as long as it is ethical and effective!

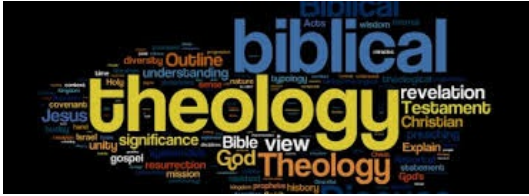
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**Your client has a default future that will occur on its own if his life does not change. When he pays you he is paying you for his life to change.**

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For more detailed information on LC, visit <http://bertie.functionaltherapy.co.za>

## What is MLNP™ Life Coaching?



- MLNP™ Life Coaching involves a comprehensive approach to human functioning based on the **integration of theology and social sciences.**
- MLNP™ Life Coaching is a powerful treatment, because it combines theological, scientific, behavioural and neurological aspects into one comprehensive approach: understanding and overcoming common psycho-social problems.
- MLNP™ Life Coaching was developed through extensive scientific evaluation.
- MLNP™ Life Coaching aims to help clients move from their defined emotional and behavioural problems, towards goals of how they would like to feel and behave.
- MLNP™ Life Coaching is goal-directed, systematic, problem-solving approaches to emotional and behavioural problems.
- MLNP™ Life Coaching focuses on how problems are being maintained as well as on searching for the root cause(s) of the problem.
- MLNP™ Life Coaching shows that some of the strategies people are using to cope with their emotional problems are actually maintaining those problems.
- MLNP™ Life Coaching offers practical tools for overcoming common emotional and behavioural problems.
- MLNP™ Life Coaching can address material from a person's past if doing so can help him/her to understand and change the way he/she is thinking and acting now.
- MLNP™ Life Coaching highlights learning techniques and maximize self-help so that ultimately any person can become his/her own coach.

### Scientifically Research Based (SRB)

1. Science seeks testable theories
2. Based on empirical data systematically gathered rather than testimonial based
3. Publicly verified
4. Systematically replicable results

Reading is Rocket Science 

## About Perspective Training College

PTC's field of expertise is **human potential development:**

- PTC has been doing research and development of assessment scales, coaching and therapeutic programmes, etc. since 1991.
- These assessment scales and programmes are made available to coaches, therapists, mentors, etc.
- These helpers are also trained in the effective use of these aids by means of courses and workshops.
- Our emphasis is on skills, ability to perform, as well as academic knowledge!

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**Show your clients what they cannot see.  
Say to your clients what no one else would dare to say.  
And you will have all the clients you ever desire.**

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**Students may enrol at the following  
Centre for Optimal Functioning &  
Performance Enhancement:**



**Potchefstroom**

7 Grietjie Street  
Dassierand, 2531  
Potchefstroom

PO Box 20842  
Noordbrug  
2522

Tel: 018 293 1416 / Cell: 074 641 1931 / [perspektief@lantic.net](mailto:perspektief@lantic.net)

**Bloemfontein**

**Elize Malherbe**, Tel: 071 876 0851  
[malherbeelize@gmail.com](mailto:malherbeelize@gmail.com)



**Hoedspruit**

**Ronelle Joubert**, Cell: 082 787 4471  
[ronelle@ptchoedspruit.com](mailto:ronelle@ptchoedspruit.com)



**Paarl**

**Antoinette Rossouw**, Cell: 083 679 2226  
[arossouw56@gmail.com](mailto:arossouw56@gmail.com)



**Become a social entrepreneur - a professional changemaker!**

**Accreditation**

- PTC is a **Regional Service Centre** of Tshwane Institute of Technology (TIT).
- Tshwane Institute of Technology (Pty) Ltd is registered with the Department of Higher Education. Registration no: 2016/FE07/003.
- Tshwane Institute of Technology is accredited by Umalusi Council for Quality Assurance. Accreditation no: FET00033PA.
- Tshwane Institute of Technology is accredited by Quality Council for Trade and Occupations QCTO Nated 16/0194.

More details can be obtained from the Department of Education, QCTO and Umalusi.  
Websites: [www.education.gov.za](http://www.education.gov.za) & [www.umalusi.org.za](http://www.umalusi.org.za) respectively.

- The focus of PTC's training is to provide you with the skills to build your own private practice as a **Life Coach**, enabling you to make a significant impact on the lives of others, while becoming financially independent.
- All courses are less than 60 credits (NQF credit equivalent) and are **NOT SAQA accredited**.

**Registration with ICR**

PTC is an **ICR Accredited Agency**. After successful completion of your studies, you can register with **International Coaches Register (ICR)**. You can also register with any other institution that recognizes this training course.

## Why Life Coaching?

As far as we know, the following options are available, should you want to register at a professional body:

	ICR	Council for Pastoral & Spiritual Counselors
Website	<a href="http://www.icr-coachregister.com">http://www.icr-coachregister.com</a>	<a href="https://www.acrpafrica.com/council-for-pastoral-and-spiritual-counsellors-cpsc.html">https://www.acrpafrica.com/council-for-pastoral-and-spiritual-counsellors-cpsc.html</a>
Categories:	Associate Certified Life Coach Certified Life Coach	Religious Practitioner Advanced Religious Practitioner Religious Professional Religious Specialist

**ICR Register** refers to coaching as a form of counseling based upon an equal relationship in which the coach stimulates his / her client through a structured process to develop improved, more effective behavior, actions and performance.

**COMENSA** defines coaching as a professional, collaborative and outcomes-driven method of learning that seeks to develop an individual and raise self-awareness so that he or she might achieve specific goals and perform at a more effective level. Coaching is about creating change that helps to enhance performance and learning. Coaches emphasize new competencies, learning and goal attainment. In fact, a coach is a personal navigator for the journey of life, focusing on the wants and needs of the client. Everything in coaching hinges on listening with the client's agenda in mind.

At **PTC**, we decided to choose the **Life Coaching** option. The aforementioned definitions of coaching are 100% in line with the vision, mission and helping model PTC advocates.

## Training Programme in Life Coaching

**The Neuroscience & Life Coaching programme is the result of:**

- Four doctoral studies at UNISA and UJ (previously RAU) and the NWU (Potchefstroom Campus)
- Two M.A. degrees at UJ (previously RAU) and the NWU (Potchefstroom Campus)



The programme was developed from the dynamic interaction between theology, psychology, neurology and the social sciences, enabling you to follow an integrated approach towards therapy.

Students are trained to help teens as well as adults. Although the programme is theoretically sound, MLNP™ Life Coaching focuses on the actual practice of pastoral care/coaching, structures the helping process and enables helpers to help more effectively.

**Our Neuroscience & Life Coaching course is currently used with great success to:**

- help clients (teens and adults) to maximize their potential and live fulfilling lives, in spite of circumstances or bad experiences, with special attention given to behaviour- and adjustment problems.
- Develop insight and understanding into clients' functioning that will help the coach to motivate them and enrich their lives on a personal level.
- help people to manage their lives and problems effectively and responsibly.
- help people to prioritize their problems, to live in the here and now, identify and utilize underutilized opportunities, and get the most out of difficult situations.

**Our Neuroscience & Life Coaching Course enables you to:**

- assess quickly and effectively;
- get clients involved, enthusiastic and motivated;
- coach with a specific vision and structure;
- use thoroughly tested frameworks in a practical, simple and visual way.

**Every time you coach you change the world!**

<b>Neuro-Science &amp; Life Coaching (NLC):</b>	
<b>Modules</b>	
• <b>Registration Fees</b>	<b>R 1 150.00</b>
• <b>Anthropology</b>	<b>R 2 340.00</b>
• <b>Ecometrics</b>	<b>R 2 400.00</b>
• <b>Neuroscience &amp; Life Coaching</b>	<b>R 3 250.00</b>
• <b>An integrated Coaching Model</b>	<b>R 1 560.00</b>
• <b>The Praxis of Coaching</b>	<b>R 1 300.00</b>
• <b>Total:</b>	<b>R 12 000.00</b>
• <b>9 Online Webinars of 4 hours (08:30 - 13:00) each:</b>	
1. <b>February</b> - Working with Clients: A Life Coaching Perspective	R 800.00
2. <b>March</b> - 4 Quadrant Exercise, Present Gap Future & Flight Plan	R 800.00
3. <b>April</b> - Deep Dive, Eco-chart & Dashboard	R 800.00
4. <b>May</b> - Ecometrics & Dashboard	R 800.00
5. <b>June</b> - Psycho-education	R 800.00
6. <b>July</b> - Multi-Level Neuro Tapping (MLNT™) - Basic Training	R 800.00
7. <b>August</b> - Multi-Level Neuro Tapping (MLNT™) - Advanced Training	R 800.00
8. <b>September</b> - Dream-Spot, Values, Success Traits	R 800.00
9. <b>October</b> - Curiosity/Passion/Purpose, Creativity & Flow	R 800.00
• <b>Total:</b>	<b>R 7 200.00</b>
• <b>Grand Total:</b>	<b>R 19 200.00</b>
<b>Other Courses and/or Webinars presented</b>	
<b>Business Coaching</b>	
<b>Wellness Coach:</b>	
• 4-day webinar (MLNP™ Basic Training)	
<b>Therapeutic Coach:</b>	
• 3-day webinar (MLNP™ Advanced - Trauma)	
<b>Recovery Coach:</b>	
• 3-day webinar (MLNP™ Addiction)	
<b>Relationship Coach:</b>	
• 3-day webinar	
<b>MLNP™ Ego States:</b>	
• 3-day webinar (MLNP™ Ego States)	
MLNP™ & Neurogenic Tremors (MNT) (3 days)	
Postgraduate Certificate in Ecometrics - Adult Assessment	
Postgraduate Certificate in Ecometrics - Child Assessment	
Postgraduate Certificate in Ecometrics - Career Assessment	

**Become a social entrepreneur - a professional changemaker!**

## PTCFundi

After enrolment, all study guides and material are being made available to students on PTCFundi (PTC's advanced e-learning platform) and you can start with your studies immediately. Mutual contact through the Internet will also be established.

**Access to the Internet and computer technology have become indispensable to complete our programmes successfully! It is therefore REQUIRED of students to have access to this technology as well as to be computer literate!**

### Webinars & In-Service Training

The webinars and in-service training form part of the practical training (CPX courses included). To pass a CPX course, students have to attend **all** the webinars (**first & second** semester). Student-mentor interaction is still the best way of learning, therefore all webinars are **compulsory** and must be attended during your training programme. Although introductory lectures are presented on every module, the focus of the webinars is on the **practical application** of the integrated theory. **Students only really discover the praxis of Life Coaching and start to grasp how to apply Pastoral Care & Life Coaching in practice during the webinars.**

### Additional Selection Criteria

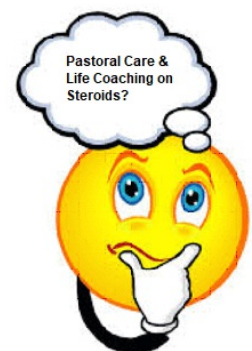
Potential students will be required to provide PTC with their full academic record in order to assess the rate and level at which they had completed their previous qualification. References may be required to obtain character witnesses. Learners who are unsuccessful in gaining entrance to a programme will be advised on what they need to do to become competent.



### Procedure for Enrolment

1. Please complete the attached enrolment form.
2. Please read through the financial agreement carefully and make sure you understand the content.
3. Please sign the completed form.
4. **Mail the completed Enrolment Form together with Proof of Payment, Certified Copy of your ID and Certified Copies of your Recent Qualifications.**
5. Herewith our Banking details: (We DO NOT accept Cheques)

Account Name:	Perspektief in Menswees (Pty)Ltd
Bank:	Standard Bank Potchefstroom
Account Number:	012380040
Branch Code:	052 838
Reference Number:	Your Surname / Reference Number (important!)



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**Be YOU.**  
**Because there is no coach like you in the world.**  
**And that is priceless.**

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# Perspective Training College (PTC)

## Enrolment Form & Financial Agreement

### Neuro-Science & Life Coaching 2022

Please include certified copies of your ID document and qualifications. When we receive your application form as well as the payment for the registration fee, we will post your study material to you.

Closing date for enrolment: 31 January 2022.

Title:	Initials:	Surname:
Name:	ID Number:	
Postal Address: Please specify the preferred postal address for study material (Postal or Physical)		
(Postal)	(Physical)	
Code:	Code:	
Telephone:		
(Work):	(Home):	
Fax:	Cell:	
E-mail: (compulsory)		
Employer:		
Demographic Information:		
Age:	Gender:	Occupation:
Learner Education and Training Background:		
Prior qualifications:		
Prior/previous learning experience/skills (with regard to this course):		
Language preference: Courses offered in English, assignments may be answered in Afrikaans and/or English		



**Language Skills:**

English	Excellent	Average	Poor
Reading			
Writing			
Speaking			
Afrikaans	Excellent	Average	Poor
Reading			
Writing			
Speaking			

**Special Learning Needs (state relevant disabilities or learning difficulties):**

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**Specific Learning Needs (with regard to this programme):**

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**Motivation for entering this programme:**

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**Financial Agreement:**

I commit myself to the following agreement with PTC. I have read their General Rules and Regulations (available on [www.perspectivetrainingcollege.com](http://www.perspectivetrainingcollege.com)) and agree to abide by them. I understand the contents of this financial agreement with regard to my obligation to pay my study fees and undertake to abide by it:

1. **Registration fees are not refundable.**
2. Termination of studies must take place within one month after registration otherwise full course fees are payable.
3. A student will not be allowed to register unless and until all financial commitments of the previous year(s) have been complied with.
4. PTC reserves the right to alter course particulars without prior notification.

Payment Agreement

I, ..... (full name and surname)  
with ID no. ...., hereby undertake to pay the full amount  
of R 18 050.00 (Eighteen Thousand & Fifty Rand) being the outstanding capital to settle my account for the subjects  
enrolled at PTC.

I undertake to pay R 1 805.00 (One Thousand Eight Hundred & Five Rand) per month for the next 10 months in order  
to settle the outstanding debt in full.

The first instalment is payable on or before ..... and from then on or before the  
last day of the following month. I agree thereto that no interest will be payable unless I fall in arrears with this payment  
plan, whereafter interest will be payable in terms of the National Credit Act.

All payments are to be made directly to: **Perspektief in Menswees, Standard Bank Potchefstroom, Branch Code  
052838, Account Number 012-380-040,**

I choose as domicillium citandi et executandi for the purposes of this agreement as:

Student's home address: .....

Cell no./Tel no.: .....

E-mail address: .....

Signature: .....

**Access to the Internet and computer technology have become essential to complete this course successfully!  
It is therefore REQUIRED of students to have access to this technology as well as to be computer literate.**

SOLEMN DECLARATION

I ..... declare herewith that I comply with the requirement to be  
computer literate for the successful completion of my studies.

Signature: ..... Date: .....